

Scientific Webinar Series

Concept title: The value of target trial emulation for studying effects of lifestyle in cancer

Target trial emulation (TTE) is a methodological framework that aims to improve causal inference based on observational analyses. This method helps to prevent or reduce common design-related biases of observational studies. Application of TTE can be especially useful when setting up large and costly randomized controlled trials, for instance to study effects of complex lifestyle interventions, is unfeasible. In essence, TTE is a structured approach for designing a hypothetical randomized trial (the target trial) and emulating this trial based on observational data.

In this seminar, the TTE method will be introduced and its relevance for studying effects of lifestyle in cancer will be discussed.



6 July 2026

12:00 - 13:00

Cancer Prevention Europe

Early Career Network



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The European Network for Cancer Prevention