# A proteogenomic analysis of the adiposity colorectal cancer relationship identifies GREM1 as a probable mediator

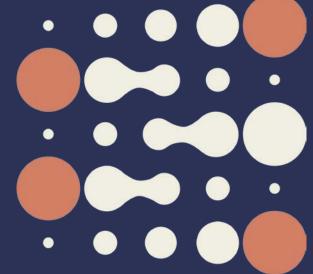
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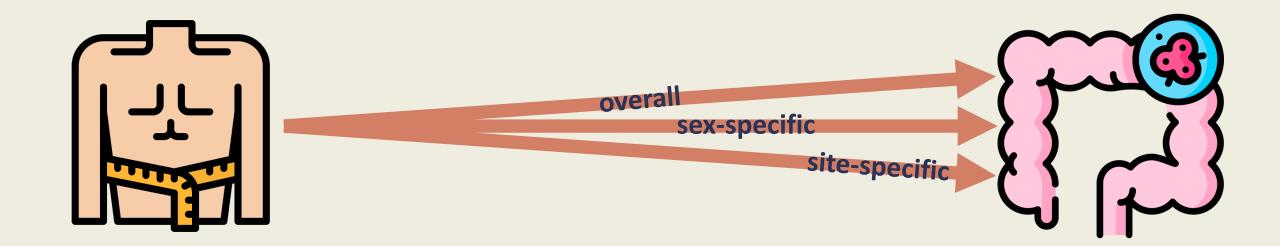
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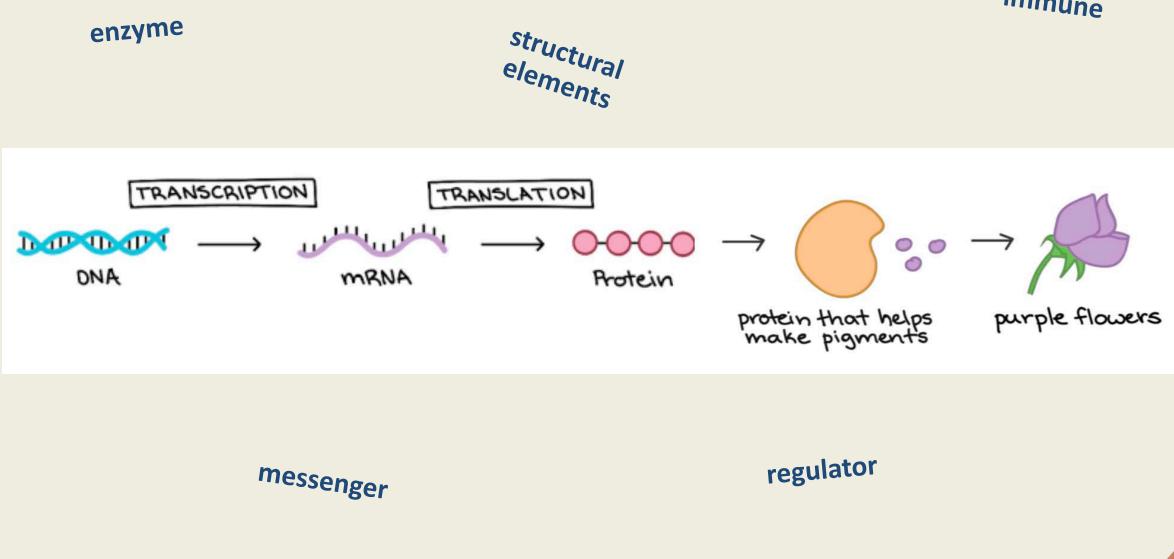
International Agency for Research on Cancer

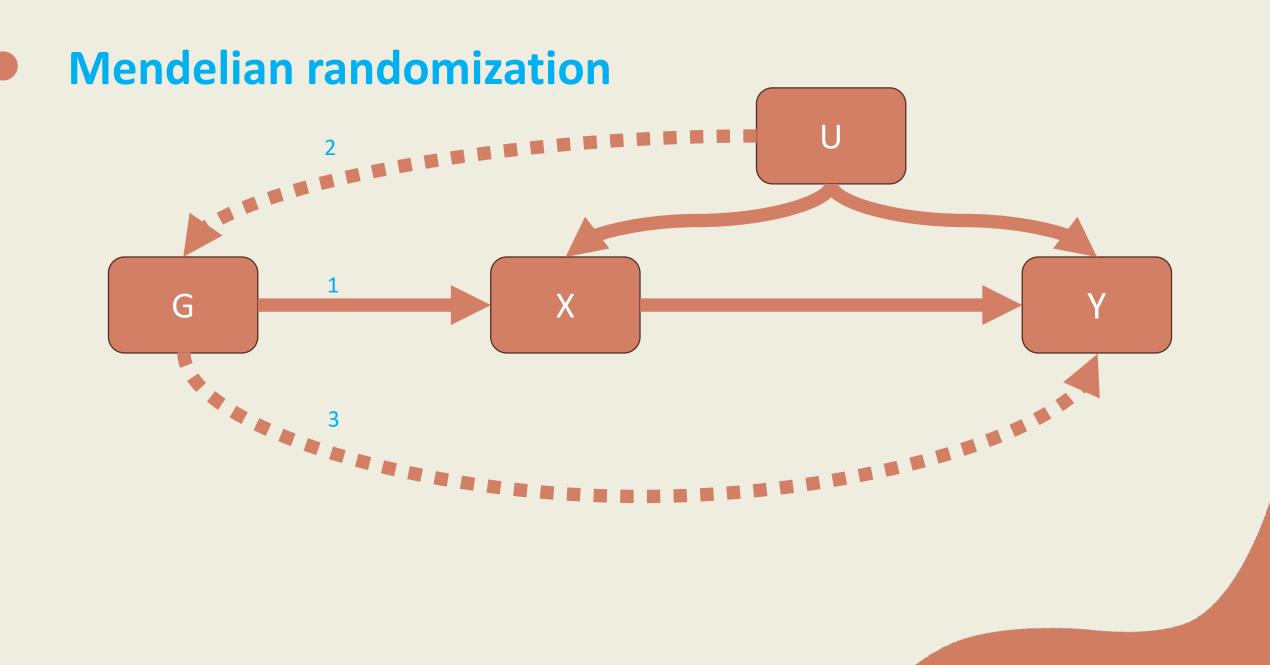






immune

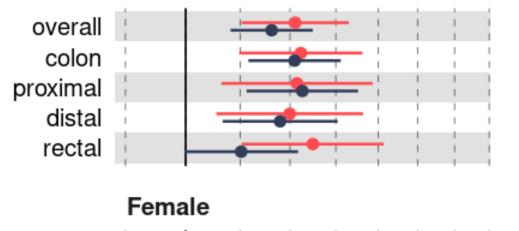


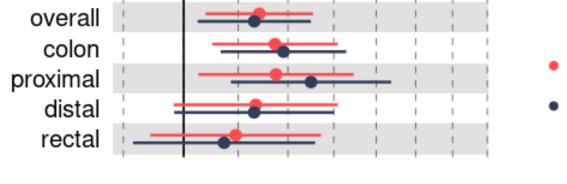


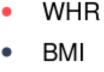
# adiposity -> cancer

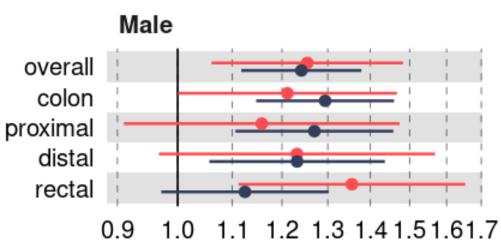
- results similar to previous
- models = consistent; except:
  - WHR-distal-male
  - WHR-rectal-female

#### Sex-combined



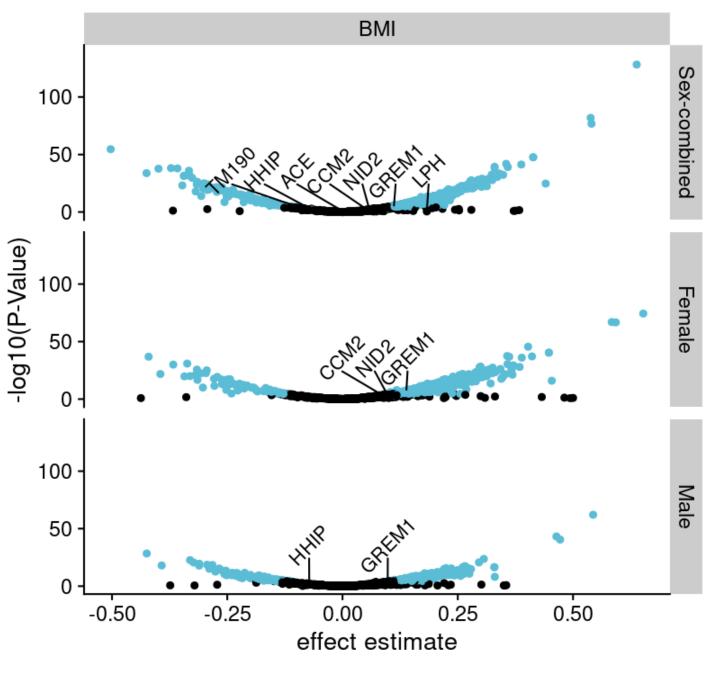






# adiposity -> proteins

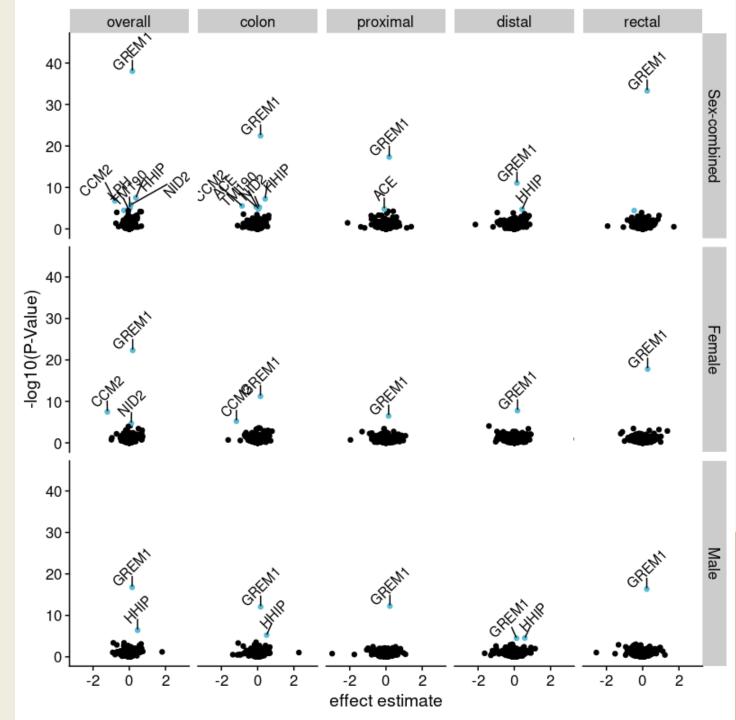
- 6,591 associations
  - 2,628 (4,907) unique proteins
  - 2,395 BMI-female
- labels = cancer-associated



adiposity-protein associations

### proteins -> cancer

- 962 proteins instrumentable
- 33 protein-cancer associations
  - 7 unique proteins
  - No bi-directional conflicts
- Labels = adiposity-associations



### **MVMR**

- 1 protein directionally consistent
  - GREM1
  - BMI -> GREM1 -> CRC
  - Sex-combined + female-specific

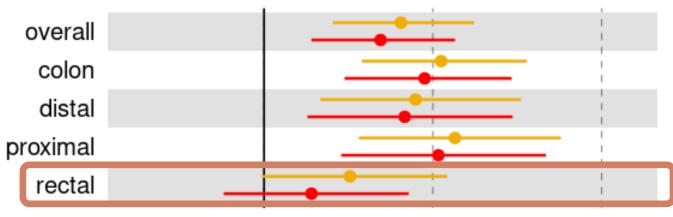
#### attenuation

- Compare UVMR estimate
- Estimates + CIs towards the null

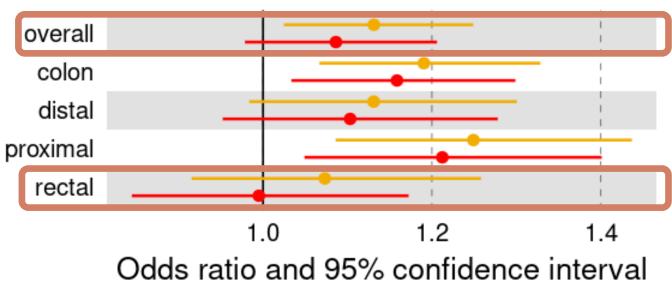
#### • mediation?

- rectal-combined
- overall-female
- rectal-female

#### Sex-combined



#### Female



UVMR BMI
MVMR BMI-GREM1

### meaning...

#### • **GREM1** = adipokine

- bone morphogenic protein
- embryonic development + morphogenesis
- proliferation, angiogenesis, and epithelialmesenchymal transition

#### • **GREM1** levels are dysregulated:

- CRC cases & tumour tissue
- 2 x phase II clinical trials:
  - cancer, solid; unspecified

### next...

#### • MR

- ~3000 more proteins UK biobank
- adiposity imaging data
- Individual level data
  - EPIC nested case control: 400 matched 96 proteins
  - EPIC cohort: 938 cases; 8,574 non-case 7500 proteins







### data

#### • BMI & WHR

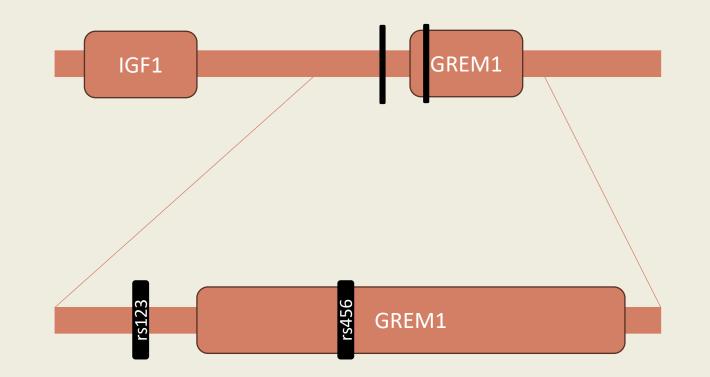
- N up-to = 806,834
- combined, male, female
- plasma proteins: 4,907
  - N up-to = 35,559
  - combined

#### • cancer

- N case/control up-to = 58,131 / 67,347
- overall, colon, distal, proximal, rectal
- combined, male, female

#### • instruments

- adiposity: 5E-9; LD r2 0.001, 10kb window
- Proteins: 1.8E-9; <1Mb TSS; 1Mb window, LD r2 0.8
- CRC: 5E-8; LD r2 0.001, 10kb window
- units = essentially meaningless



ourworldindata.org/obesity gco.iarc.fr/obesity

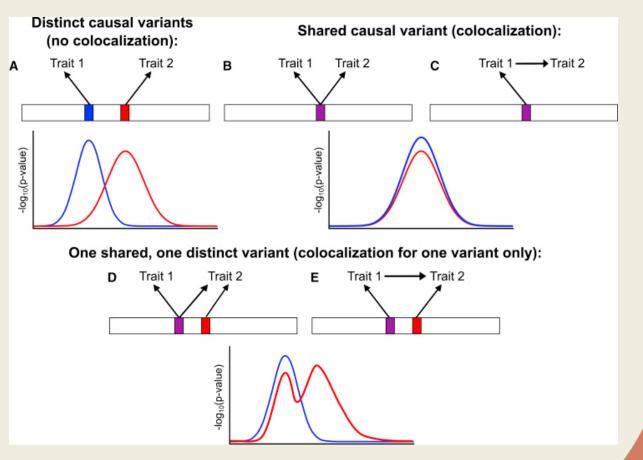
# colocalization

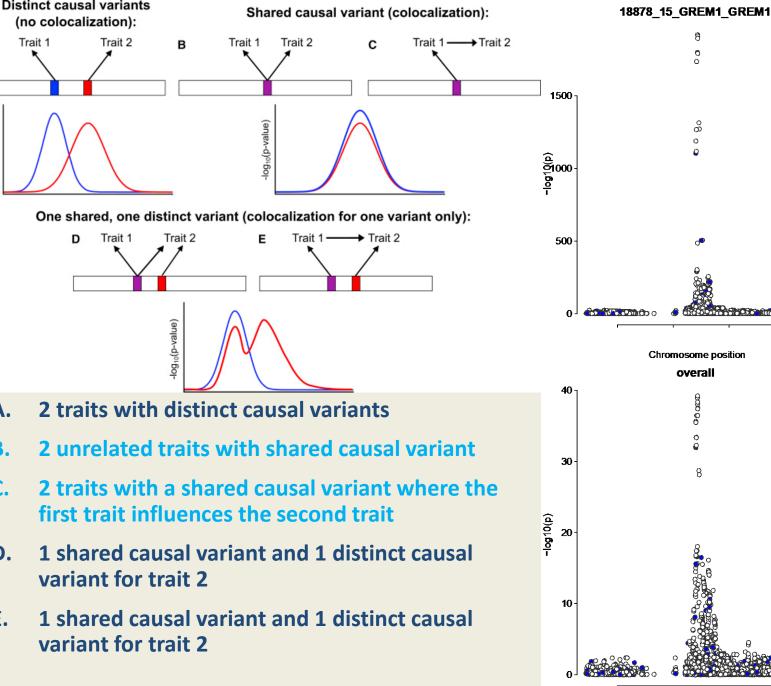
#### • Linkage disequilibrium

- Non-random association of alleles at DIFFERENT loci
- i.e., SNPs can be correlated just because of location

#### • Traits can be "causal" because of:

- Distinct causal variants = possibly LD
- Shared causal variants = colocalization





Α

-log<sub>10</sub>(p-value)

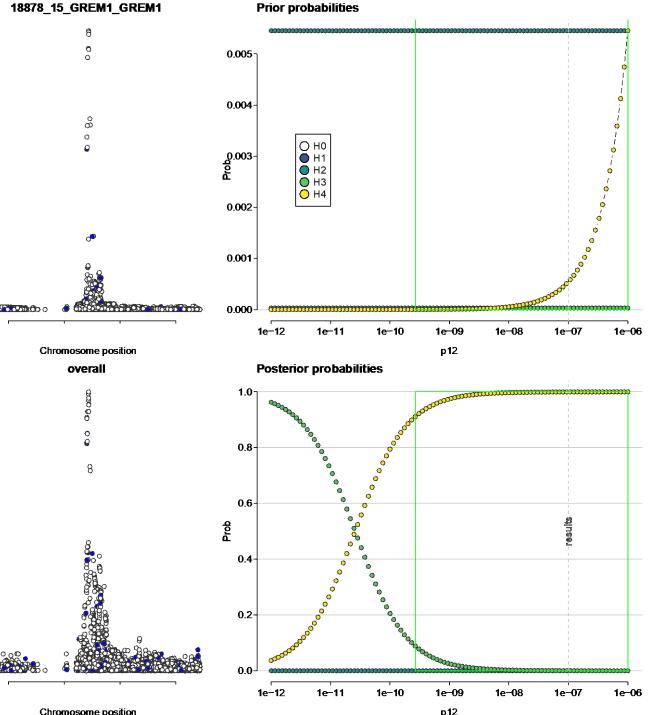
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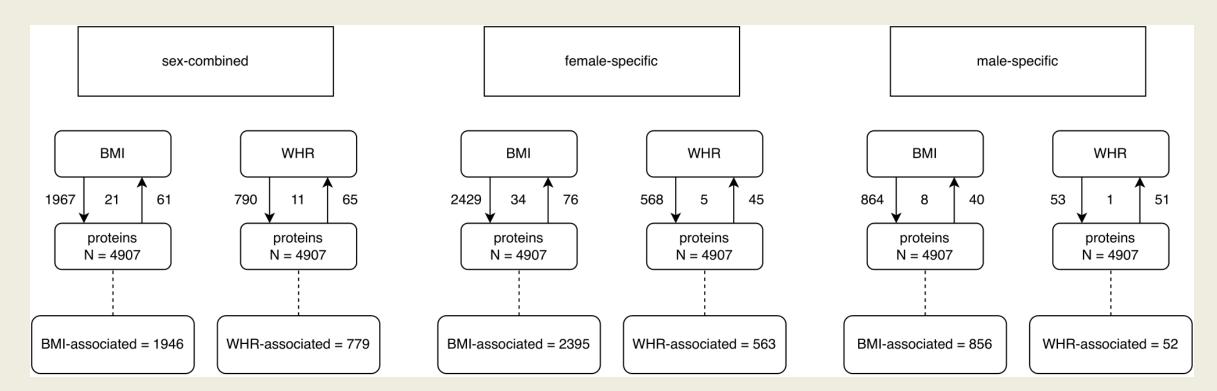
**C**.

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# adiposity -> proteins

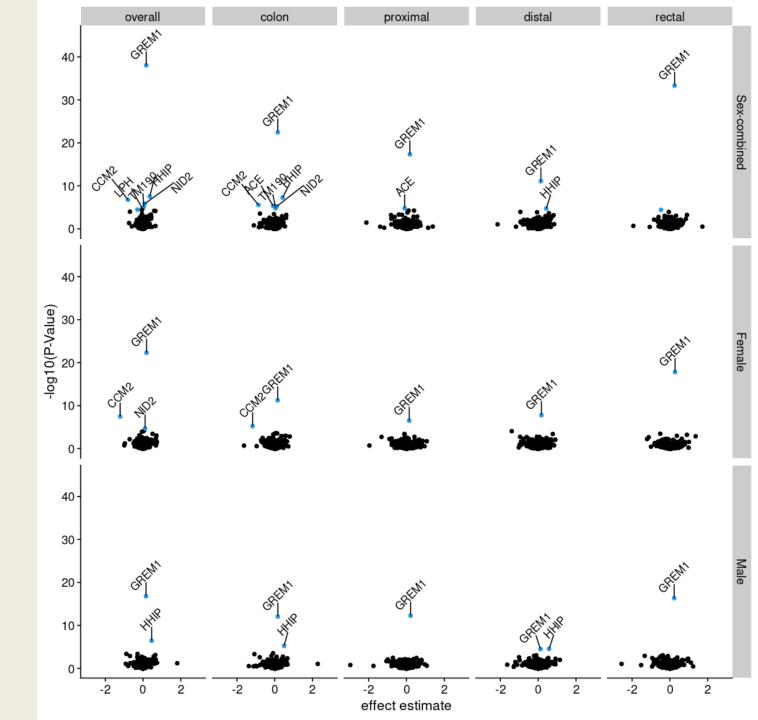


### proteins -> cancer

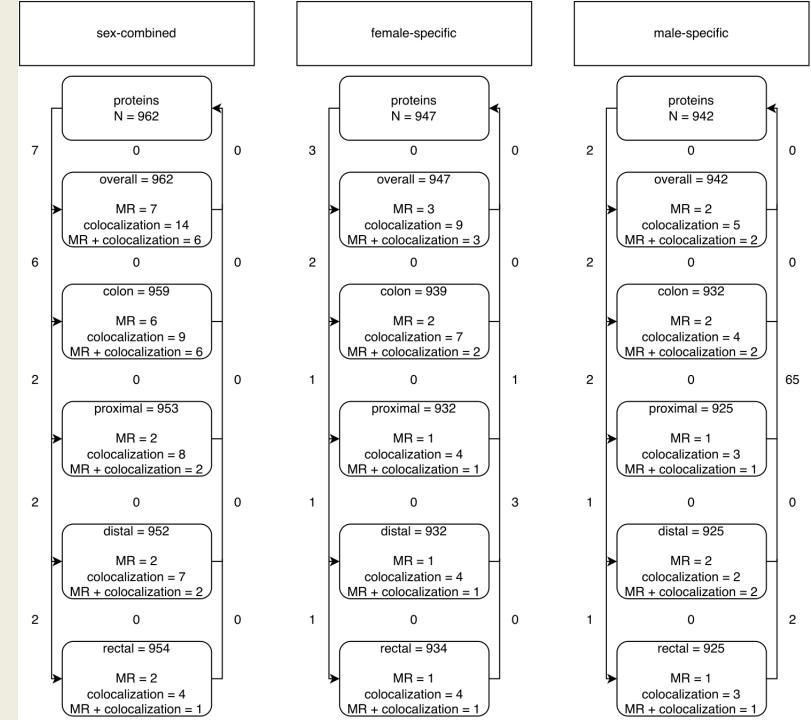
- 962 proteins instrumentable
- 35 protein-cancer associations
  - 8 unique proteins
  - No bi-directional conflicts
- Labels = adiposity-associations
- Colocalization
  - 87 protein-cancer pairs
  - 25 unique proteins

#### • MR + colocalization

- 33 protein-cancer associations
- 7 unique proteins







# tissue expression

- differentially expressed in most tissues compared to whole blood
  - Wilcoxon rank sum test
  - p-value 0.05/53
- some of the highest levels in colon & adipose tissue

